EDUCATION

California State University, Northridge

M.S., Counseling, LMFT

Van Nuys, California

Northridge, California

12/2007

Los Angeles Valley College Pre-requisites for Counseling

2004-2005

Los Angeles Valley College Computer Engineering Certification Training Van Nuys, California 2002-2004

Oklahoma City University **B.A., Speech and Theatre**

Oklahoma City, Oklahoma 5/1992

PRACTICE

Cedars-Sinai: "Share & Care Program"

2016-Present

"Share & Care" Mental Health Supervisor

Assuring effective teamwork in providing services to Share & Care's school-based program. Provide leadership in managing staff and assuring that all regulatory professional requirements are met. Oversee data collection and analysis of Share & Care services. Work closely with the Founding Director to evaluate programs and identify additional ways to meet the needs of the school community.

Psychological Trauma Center: "Share & Care Program"

2008-2016

"Share & Care" Mental Health Clinician

Facilitate art therapy groups for elementary, middle, and high school students. Facilitate substance abuse groups for middle and high school students. Coordinate with school staff to provide services, conduct classroom presentations, and obtain referrals for students. Work closely with parents to provide adjunctive support to the family system. Make appropriate referrals for students when necessary.

Private Practice

Licensed Marriage and Family Therapist, MFC#50480

2011-Present

Provide individual counseling, couples counseling, and family counseling. Specializing in trauma related issues, LGBTQ specific issues, and substance use and abuse within families.

Intensive Inpatient Unit: Las Encinas Hospital

2009

MFT Intern: Group Therapist

Facilitate groups for inpatient psychiatric clients diagnosed with cooccurring disorders. Work closely with the Clinical Psychologist, Psychiatrist, Medical Doctors, and Discharge Planner to ensure best care is provided to clients and psychological issues are addressed. Lead Intensive Outpatient programs on an as needed basis.

Alternatives Unit: Glendale Memorial Hospital

2008

MFT Intern: Care Coordinator / Therapist

Facilitate groups for inpatient psychiatric clients diagnosed with cooccuring disorders. Responsibilities include assisting with discharge, treatment, and after care planning. In addition, I work closely with the Clinical Psychologist, Psychiatrist, Medical Doctors, and Discharge Planner to ensure best care is provided to clients and psychological issues are addressed.

Private Practice

MFT Registered Intern, IMF#56081

2008-2011

Provide individual counseling, couples counseling, and family counseling under the supervision of Clay Crosby, Marriage and Family Therapist License #MFC 40551.

Southern California Counseling Center

2006-2008

MFT Trainee

Provide individual counseling, couples counseling, and family counseling for clients. Responsibilities include intake assessment, treatment planning, and individual counseling. Supervision includes reflecting teams that allow clients to receive feedback from a group of therapists as well as providing counselors the opportunity to hear comments and reactions.

Los Angeles Gay and Lesbian Center

2006-2007

MFT Trainee

Provided individual and group counseling primarily for gay, lesbian, and transgendered adults. Treatment issues consisted predominantly of substance abuse, domestic violence, and HIV related issues. Secondary issues consisted of depression, anxiety, and internalized homophobia. Responsibilities included crisis management, intake sessions for new clients, six-month individual treatment, cofacilitating a gay men's "Sex and Intimacy Group", and creating treatment plans and full clinical assessments.

Valley Trauma Center

2005-2006

Rape Crisis Advocate

Completed 60 hours of California State Certification Training to be a rape crisis advocate. Responsible for answering hotline calls 6 hours per week, attending biweekly supervision groups, and in-service training. Responsibilities included reporting abuse to Department of Child and Family Services and providing callers with referrals.

Page 3 of 3

PUBLICATIONS

Co-author with D. Gehart (2013). Emotionally focused therapy case study. *Mastering Competencies in Family Therapy* (2nd ed.) Pacific Grove: Cengage/Brooks Cole.

CONTINUING EDUCATION

EMDR EMDRIA Training

SCCC Trauma Training Program, September 2013-June 2014

Southern California Counseling Center Family Training Program, 1 year program Meditation, Mindfulness, and Stress Management, CSUN, Jerome J. Front, M.A., MFT Advances in Sex Therapy, CSUN, Aaron Hass, Ph.D.

Gift of Play: Making Child Therapy Work, CSUN, Robin Scott Walker, M.S., MFT Child Abuse: Prevention, Identification, Intervention & Treatment, CSUN, Joe Palacios, M.S., MFT

Domestic Violence Counseling Strategies: From Resistance to Real Change, CSUN, Scott Barrella, M.S., MFT